

*“Volunteers do not necessarily have the time; they have the heart.”
Elizabeth Andrew*

Spring is here; it’s my favorite time of year. It is the time for spring blossoms and new beginnings; it is also the time to celebrate volunteerism. April is volunteer recognition month. United Way of Nevada County could not exist if it wasn’t for all the great volunteers that continue to give so much of their time and talents to help our county. Volunteers are truly the soul of our community.

This edition of the United Way of Nevada County newsletter is dedicated to all those great volunteers that continuously give back to our community. Here at United Way we wish to say “Thank You” to all of you who have given your time so generously to help the community. An extra big **“Thank You”** goes out to a volunteer extraordinaire and current Board President, Carol Jonas. She has been on the United Way Board of Directors for six years. She has also been a part of the Executive Committee, during which time she served as the Secretary and then as the President of the Board. She not only has served on the Board, she has served on several committees and has been an integral part in helping to make the Grills ‘n’ Grilles BBQ event grow into the successful event it has become today. Her wonderful energy and continuous support has helped United Way continue to thrive and grow.

HOW WILL YOU LIVE UNITED IN 2017?

United Way’s 9th Annual Day of Action

United Way of Nevada County has been coordinating a Day of Action every year since 2009 with the help of many community volunteers. This year the United Way “Day of Action” will be held on Thursday, June 1st. Over the years, many projects have been completed with the help of volunteers.

This will be the 9th Day of Action taking place in our community. With the help of local businesses and individuals who take the time to help, we are able to make a difference for local nonprofits. Businesses such as Telestream, UPS, TriContinent, JC Penney, Texas Instruments and others encourage their employees to volunteer for this day of community involvement. Along with local business employees, students from local schools and individual community members help out to make this day a success.

Projects such as painting, cleaning, gardening, organizing and bagging food for those in need are completed with the overwhelming generosity of volunteers throughout the community. They come together on this one day to make a difference. If you or your business would like to get involved, please contact us at 274-8111 or admin@uwnc.org.

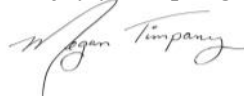
Currently United Way has several volunteer opportunities:

- ♥ Become a member of a Citizen review Team and help with the fund allocation process.
- ♥ Participate on a committee (Special Events, Community Impact, Campaign, and/or Finance).
- ♥ Apply to be a member of the United Way Board of Directors.
- ♥ Join us for Day of Action on June 1st.

Please take a look inside this edition of our newsletter to learn more about what United Way is doing to reach its goal of striving to assure individuals and families in Nevada County are able to meet their basic need for food, emergency shelter and access to health care.

LIVE UNITED ... and volunteer today!

Enjoy your spring,



Megan Timpany,
Executive Director



Current Board President, Carol Jonas with past Board President, Rich Bulotti

**GREAT THINGS
HAPPEN
WHEN YOU
LIVE UNITED**

United Way of Nevada County’s Mission: To improve lives by mobilizing the caring power of our community.

NEWS FROM UNITED WAY OF NEVADA COUNTY...

Celebration of Life for Past United Way Board Member, Linda Bulotti



We sadly inform you that Linda Bulotti, a past and dedicated member of the United Way of Nevada County Board of Directors, passed away on October 17, 2016 after a long and courageous battle against lung cancer. Her husband Rich, also a past board member, would like to invite anyone who knew Linda to a Memorial Service on April 1st at Twin Cities Church, 11726 Rough and Ready Highway in Grass Valley. The service begins at 2:00 (plan to arrive earlier) and will be followed by a brief reception. In lieu of flowers, donations may be made to United Way of Nevada County.

"Linda will be very missed. She was a caring and giving individual who brought a joyous spirit to United Way." Megan Timpany, Executive Director

United Way's Annual Community Investment Process has Begun

United Way of Nevada County's annual Community Impact Process for calendar year 2017 has begun. Allocations will be distributed from the United Way of Nevada County Community Impact Fund. During this process, current United Way partners may apply to continue partnership and/or request funding. Additionally, other qualified local agencies may apply to become new partners of United Way. Applications are available for any community based, non-profit 501(c)3 organization that has provided Health & Human Services to the residents of Nevada County for at least 3 years.

UWNC has streamlined the application into one application for new partners, renewal of partners and requests for funding. All applications are due on April 6th, 2017. All applicants will be reviewed by the UWNC Community Investment Committee, the UWNC Board of Directors, and the 2017 Citizen Review Teams made up of volunteers from the community. This review process will include site visits with all the applicant organizations by the Citizen Review Teams.

The United Way of Nevada County's funding priorities are:

- Existing UWNC programs
- New UWNC programs
- Partner funding

Megan Timpany, Executive Director of UWNC said "The UWNC community investment assessment process is an integral part of due diligence for UWNC donors." Any community member that is interested in being on a Citizens Review Team should contact UWNC. Any Health and Human Service Non-Profit agency that has questions about the application process can also contact UWNC at 274-8111.

Grills 'n' Grilles on August 26th, 2017 ~ Save the date!

Mark your calendar for August 26th, 2017! This year marks the 11th year that United Way of Nevada County will hold it's barbecue fundraiser and car show "Grills 'n' Grilles". United Way incorporated a Kansas City Barbecue Society sanctioned competition to the lineup of this great event a few years ago. KCBS teams will be competing with one another for cash prizes and the opportunity to move up in the ranks for the chance to be the KCBS Team of the Year. Local Backyard BBQ teams will also be competing for awards.

During this event, United Way will also be holding the 8th annual Car Show and the 3rd Derek Sorensen Memorial Disc Golf Tournament. Enjoy some delicious food while listening to music. There will be a children's area, vendors and beer and wine. Fun for the entire family! Sign up your BBQ team to compete or become a sponsor! Call 274-8111 or visit www.grillsngrilles.org.



Last year's winning team, The Rib Doctors, headed up by Kristian Hockinson

Free Tax Assistance

It is time to start thinking about your TAXES. AARP Tax Aide volunteers are available to provide preparation services and electronic filing of both Federal and California tax returns. This service is provided to Nevada County residents at **NO COST**. The Tax Aide group can handle most common personal tax returns, including those that have salary, interest, dividends, itemized deductions, pension and IRA withdrawals. Appointments are required. Dial 2-1-1 or 877-847-0499 (toll free to 211) to schedule an appointment on Mondays until April 11th.

Thanks to all of the volunteers who help United Way all year round!

UNITED WAY FOCUSES ON THE BASIC NEED OF FOOD:

[UWNC Home Page](#)

Food Access Saturday Program Uniting to support working families

Community Collaborations

United Way of Nevada County is constantly analyzing where the biggest needs are in our community. One gap that was identified in the area of Basic Needs, is that the struggling poor in Nevada County are unable to get emergency food from local sources, during hours that they have to be at work.

Currently in Nevada County, food is only distributed Monday – Friday during normal business hours when the majority of the workforce is busy working. The United Way Community Impact Committee has been analyzing and looking at how to fill this gap. Interfaith Food Ministry (IFM) recently reported that over 60% of their clients are receiving an income, yet they still can't afford to pay for food. Through the efforts of United Way and IFM, a

collaborative program to distribute food on Saturdays will begin on May 13th. The food distribution will continue monthly on the second Saturday of each month.

Collaborations and communications have started to become much stronger in the area of food insecurity in Nevada County. Together as a community we can make a stronger impact in helping those in need.

Food Programs That Help Seniors During Winter Storms

“The Perfect Storm(s)”

By Sarah Deardorff, Executive Director, Sierra Senior Services

This year has been an amazing year for snow conditions; a great opportunity for enjoying winter sports and cozy warm fires providing you have a very dependable snow plow service. Those unique individuals that crave snow adventures are often the hardy ones that remain living in rural conditions toughing it out, living independently in their homes only needing a helping hand during occasional periods of medical need. However, this year was quite a dramatic one. Long time locals do not remember enduring anything like it for the last 100 years.

Storm after storm hit this area closing down the freeways, schools and limiting food deliveries. These storms forced Sierra Senior Services' Meals on Wheels program to suspend service six days in January and three days in February. On Monday, March 6th, another strong front hit the Sierras dumping another 3 feet of snow.

Many times the Truckee area had snow falling for 2-3 days at a time leaving locals to wonder where to put all this white stuff? Most houses have their first floor covered and driveways resemble tunnels. Thank goodness we have community support to offer emergency meal bags (Senior Survival Kits) which supplied shelf stable meals to be available when inclement weather conditions forced our volunteer drivers to remain home. These replacement meal bags go out biannually - about a week prior to the storms this year. A huge thank you to United Way for funding our **EMERGENCY MEALS!**

United Way of Nevada County has funded the entire cost of the Senior Survival Kits for the last three years.



Gold Country Community Services Frozen Food Program

Gold Country Community Services (GCCS) has been providing home delivered meals to homebound adults in Western Nevada County since 1987. Annually, they serve over 34,000 home delivered meals through their Meals on Wheels Program. Home-delivered meal service is for adults, 60 years of age and older who are unable to prepare meals for themselves, find it difficult to shop for groceries, and/or have inadequate assistance from family and friends.

In 2014 a frozen meal service was added to the Meals on Wheels program to provide weekend meals to home-bound seniors with the greatest need. As of February 2016, UWNC funds helped GCCS provide 35 unduplicated seniors 1474 frozen weekend meals in FY 2015/16. Seniors who are enrolled in this program received one to two frozen meals in addition to their regular hot meal

every Friday to get them through the weekend.

A 2013 survey indicated that many of the seniors served by GCCS Meals on Wheels program do not always have enough money to buy food, eat fewer than 2 meals per day and eat very few fruits & vegetables. Based on this information GCCS looked for ways to improve this condition.

The United Way funds have helped to support the continuation of the frozen meal service for 30 seniors each weekend and will also be used to provide meals to some seniors who remain isolated during holidays when home delivered meal service is suspended.

United Way of Nevada County
P.O. Box 2733
Grass Valley, CA 95945
Return Service Requested



Spring

Coming Events...

United Way's 9th Annual Day of Action ~ 6/1/17

The 9th annual Day of Action will take place on June 1st. Businesses and volunteers from around the county will donate their time to help out local nonprofits with projects such as gardening, painting, sorting, etc. If you're interested, call or email.

United Way Grills 'n' Grilles Event 8/26/17

The 11th annual BBQ and Car Show event "Grills 'n' Grilles" will take place on August 26th! Save the date! It will take place at Western Gateway Park in Penn Valley. If you would like to register a BBQ team or car for competition, or be a sponsor of the event, please call or email: 274-8111—admin@uwnc.org

Board Member Recruitment

United Way of Nevada County is currently seeking volunteers who represent a cross-section of our county to serve on our Board of Directors. Our ideal candidates would have local business, county/state government, sales or accounting experience. In addition to management meetings, board members actively participate in special committees and fund raising events.

To find out how your enthusiasm, passion and skills can help United Way of Nevada County grow and strengthen, contact our Executive Director, Megan Timpany, at 530-274-8111 or director@uwnc.org

UWNC Partner Agencies

Big Brothers Big Sisters of NC	Kara Crisis Nursery
Child Advocates of Nevada County	Nevada County Habitat for Humanity
Community Recovery Resources	Partners in English Language Learning
DVSAC	RSVP/Area 4 on Aging
Food Bank of Nevada County	Sierra Foothill AIDS Foundation
FREED Center for Independent Living	Sierra Forever Families
Gold Country Community Services	Sierra Nevada Children's Services
Hospice of the Foothills	Sierra Senior Services
Interfaith Food Ministry	Tahoe Safe Alliance



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A big THANKS to Jim Adams and Ray Morgan Company for helping with our newsletter printing needs for nearly 9 years.



UNITED WAY OF NEVADA COUNTY

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